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### Risk (‐) and protective (+) factors

- Direct: female gender (‐), parental age (+), chronic illness of parent (‐), care dependency (‐), Mediator: holiday (+) and emotional support (+)
- Salient factors: Being parent of child with chronic disease (‐), use of child care (+), care dependency (‐), low educational level (‐)
- Low educational level (‐), age parent (+), progressive disease development (‐), tube feeding (+), loss of friendship (‐), emotional support (+)

### Journal

- Pediatrics (2008), 122 (5)
- Submitted
- Submitted
- Submitted
- Haematologica (2008), 93 (4)
- Acta Paediatrica (2009), 98 (7)

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1Parents from children from 10 diagnosis groups (asthma, survivors of brain tumour, diabetes, Duchenne muscular dystrophy, Down syndrome, end stage renal disease, metabolic diseases, profound complex handicaps, sickle cell diseases, spina bifida)

2Parents from two elementary schools and one high school, whose children were not chronically ill (parent report)